

**TRAIL 1** – A short, level walk from Trefriw to the River Conwy, starting at the War Memorial (opposite the Woollen Mill) and heading along a surfaced, multi-user route to the river. Retrace your steps to the village, or cross the Gower suspension bridge for Llanrwst and Llanrwst North railway station.

For walkers arriving at the station, cross the suspension bridge and follow this trail to Trefriw. This walk is accessible to those using wheelchairs and for push-chairs and buggies. The lane used for most of the route is also recommended for family cycling.

**Distance:** 1.6km / 1 mile



**TRAIL 2** – As for Trail 1, to the suspension bridge. At the river, turn left and cross a stile, following a path which runs along the flood defences embankment. Continue round this path back to Trefriw, passing the footbridge which is part of Trefriw Trail 3, and back to the start. **Distance:** 4km / 2.5 miles